

Betty Crocker 30-Minute Meals for Diabetes Betty Crocker Cooking



BOOK DETAILS

- Author : Betty Crocker
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BOOK SYNOPSIS

Introduces 150 quick-and-easy, family-friendly recipes for dishes that taste great, promote healthy glucose levels, and are ready in no more than thirty minutes, including Grilled Stuffed Tuna Melts, Sweet and Spicy Chicken Salad, Chicken Linguine Alfredo, and more, all accompanied by nutritional data, advice on managing diabetes, tips on counting carbohydrates, and more.

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