

Acai Recipes 38 of the Best Acai Recipes for Health and Weight Loss to Burn Fat and Live Healthy The Essential Kitchen Series Volume 64

The Essential Kitchen Series

ACAI RECIPES

38 of the Best Acai Recipes
for Health and Weight Loss
to Burn Fat and Live Healthy



BOOK DETAILS

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BOOK SYNOPSIS

Power Bowls is your bite-sized guide to the tastiest new health food trend. Healthy bowls are delicious, nutritious bowls packed with superfood ingredients to keep you energised all day. Pack your five-a-day into a bowl with 25 healthy bowl recipes that taste great and keep you feeling good. Power Bowls fits in perfectly with your busy lifestyle with clear instructions and beautiful photography. Whether you're looking for quick eats or healthy dinners, Power Bowls is packed with superfood solutions for every meal, with recipes for breakfast, dinner, and even on-the-go. Get your daily fix of fruit, vegetables, and grains with quick and easy recipes to boost your energy the natural way. Easy-to-make, versatile, and full of goodness, make Power Bowls your next superfood eat.

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